



NEW PATIENT INFORMATION
MAIL OR FAX THE COMPLETED PACKET
BEFORE SCHEDULING AN APPOINTMENT

NEW PATIENT VISITS



Welcome to Neurology Solutions Consultants, a Movement Disorders Center.

As a New Patient, you will be scheduled to see Dr. Izor as soon as your new patient packet is complete and your Medical Records have been received and reviewed by our office. At NSC we believe in a TEAM approach, so you will be scheduled for your initial assessment, and several follow up visits for testing, medication review, etc.

On your first visit, you will be scheduled with the doctor, you will be examined and will receive specific instructions, lab orders, medications, etc. This visit is approximately 1 - 2 hours depending on your disease state.

Your second visit will be with our Nurse Practitioner or Physician's Assistant. This is a time to review previous instructions, test results, medication options, and lab work.

Your third visit will be for baseline testing. This may entail neurocognitive assessment, Unified Parkinson's Disease Rating Scale, Tremor Assessment Testing, Spasticity Rating Scales, etc. This is to establish a baseline of symptoms. We will usually try to repeat this testing every 6 months in order to effectively manage your symptoms and disease state.

On your fourth visit, you will be scheduled for a baseline physical therapy evaluation. This evaluation is a thorough assessment of strength, flexibility, balance and functional mobility. The importance of the physical therapy evaluation is to assess your gait, balance, safety issues, etc., as well as to ensure that you have a home exercise program that is appropriate for you. During the evaluation, you will have an opportunity to discuss any pain complaints, postural concerns, etc. We will try to repeat these evaluations every 6 months to effectively manage your disease state and progression.

Your fifth visit will be to review all the testing results and follow up with you on your medications, any questions, etc.

Subsequent follow up visits will be determined by Dr. Izor at your fifth visit and will be with either Dr. Izor, our Nurse Practitioner, or our Physician's Assistant.

We are pleased to have you as a New Patient and we will try our best to manage your symptoms as effectively as possible. We believe that our TEAM approach is a great asset to managing your continued care.

Thank you for your cooperation.

NEW PATIENT QUESTIONNAIRE



1. Do you reside in a nursing home? YES NO

2. If so, what is the name of your nursing home? _____

3. Nursing home phone number: _____

4. Do you receive hospice care? YES NO

5. Do you receive home health and if so, name of company? YES NO

6. Are you in a skilled nursing facility, if so, what facility? YES NO

NEW PATIENT INFORMATION



Today's Date: _____ Would you like to register for our blog? YES NO

Name: _____

SSN: _____ Birthdate: _____ Gender: M F Marital Status: M S W D

Home Phone: _____ Cell Phone: _____

Work Phone: _____ Email Address: _____

Would you like to register for our Patient Portal? YES NO Language: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Occupation: _____

Employer: _____ Address: _____

City: _____ State: _____ Zip: _____

Race: (Please Check) American Indian or Alaska Native African American Asian

Native Hawaiian or Other Pacific Islander White Hispanic Other Prefer not to Disclose

Ethnicity: (Please Check One) Hispanic or Latino Not Hispanic or Latino Prefer not to Disclose

Name of Spouse: _____ Birthdate: _____

Occupation: _____ SSN: _____

Employer: _____ Address: _____

City: _____ State: _____ Zip: _____

Work Phone: _____

Emergency Contact: _____ Relationship: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Pharmacy & Phone Number: _____

How did you hear about our practice? _____

Preferred method of contact: MOBILE HOME PORTAL

Who can we discuss your medical information with? Please provide name & relationship:

Signature of Patient or Legal Guardian: _____ Date: _____

NEW PATIENT INFORMATION - CONT.



Complete this page if someone other than the patient is financially responsible.

Responsible Party: _____ Relationship to Patient: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Birthdate: _____ SSN: _____

Occupation: _____ Employer: _____

Address: _____

City: _____ State: _____ Zip: _____

Work Phone: _____

INSURANCE INFORMATION



Today's Date: _____

Patient's Name: _____

(PRIMARY INSURANCE)

Name of Insurance Company: _____

Address: _____

City: _____ State: _____ Zip: _____

Insurance Phone: _____ Insured's Name: _____

Group Number: _____ Policy ID Number: _____

(SECONDARY INSURANCE)

Name of Insurance Company: _____

Address: _____

City: _____ State: _____ Zip: _____

Insurance Phone: _____ Insured's Name: _____

Group Number: _____ Policy ID Number: _____

Did you sustain an injury at work?

YES NO

Are you covered under an employer or union policy?

YES NO

Is your spouse or other family member employed?

YES NO

Are you currently employed?

YES NO

Do you have a secondary insurance policy?

YES NO

Have you ever served in the military?

YES NO

Are you covered under any other health care plan?

YES NO

Are you enrolled in a Medicare Advantage Plan?

YES NO

Have you made any changes to your choice of Medicare options in the last open enrollment period?

YES NO

I am a new patient to this practice and am in a pre-existing provision with my insurance carrier.

YES NO

Who is responsible for this bill? _____

I have received services by another provider for the condition for which I seek treatment today and I will promptly disclose any necessary information to my insurance carrier necessary to resolve any issues they may have. I understand and agree that, regardless of my insurance status, I am ultimately responsible for the balance of my account for any professional services rendered. I have read all the information on this sheet and have completed the above answers. I certify this information is true and correct to the best of my knowledge. I will notify you of any changes in my status or the above information.

Signature of Patient or Responsible Party: _____ Date: _____

PATIENT HISTORY QUESTIONNAIRE (PHQ)



Today's Date: _____ Name: _____

Primary Care Physician: _____ Phone: _____

Referring Physician: _____ Phone: _____

Please list all of your current doctors, conditions treated, and their phone numbers:

1. Physician: _____ Phone: _____ Fax: _____

Conditions Treated: _____

2. Physician: _____ Phone: _____ Fax: _____

Conditions Treated: _____

3. Physician: _____ Phone: _____ Fax: _____

Conditions Treated: _____

4. Physician: _____ Phone: _____ Fax: _____

Conditions Treated: _____

Past Medical History: Please check all that apply.

- | | | | |
|--|---|--|---|
| <input type="checkbox"/> aneurysm | <input type="checkbox"/> developmental problems | <input type="checkbox"/> hypothyroidism | <input type="checkbox"/> osteoporosis |
| <input type="checkbox"/> anxiety disorder | <input type="checkbox"/> diabetes | <input type="checkbox"/> kidney disease | <input type="checkbox"/> other sleep disorders |
| <input type="checkbox"/> arthritis | <input type="checkbox"/> encephalitis | <input type="checkbox"/> liver disease | <input type="checkbox"/> PTSD |
| <input type="checkbox"/> asthma | <input type="checkbox"/> epilepsy/seizures | <input type="checkbox"/> lung disease | <input type="checkbox"/> Parkinsons disease |
| <input type="checkbox"/> autoimmune disease | <input type="checkbox"/> fibromyalgia | <input type="checkbox"/> lupus | <input type="checkbox"/> pneumonia |
| <input type="checkbox"/> back problems | <input type="checkbox"/> head trauma/injury | <input type="checkbox"/> MRSA | <input type="checkbox"/> sleep disorders |
| <input type="checkbox"/> bleeding disorder | <input type="checkbox"/> headaches | <input type="checkbox"/> meniers | <input type="checkbox"/> spine problems |
| <input type="checkbox"/> brain tumors | <input type="checkbox"/> heart attack | <input type="checkbox"/> meningitis | <input type="checkbox"/> stroke |
| <input type="checkbox"/> COPD | <input type="checkbox"/> heart disease | <input type="checkbox"/> mental problems | <input type="checkbox"/> thyroid problems |
| <input type="checkbox"/> cancer | <input type="checkbox"/> heart problems | <input type="checkbox"/> migraines | <input type="checkbox"/> tuberculosis |
| <input type="checkbox"/> cerebral palsy | <input type="checkbox"/> hepatitis | <input type="checkbox"/> multiple sclerosis | <input type="checkbox"/> ulcers |
| <input type="checkbox"/> congenital anomalies | <input type="checkbox"/> hospitalizations | <input type="checkbox"/> neck injury | <input type="checkbox"/> vertigo |
| <input type="checkbox"/> coronary artery disease | <input type="checkbox"/> hyperlipidemia | <input type="checkbox"/> neurological problems | <input type="checkbox"/> vision or eye problems |
| <input type="checkbox"/> dementia | <input type="checkbox"/> hypertension | <input type="checkbox"/> obstructive sleep apnea | |
| <input type="checkbox"/> depression | <input type="checkbox"/> hyper thyroidism | <input type="checkbox"/> orthopaedic problems | |

Please explain: _____

FAMILY AND SOCIAL HISTORY



Do you have any significant drug and/or allergic reactions? Please list them:

Please list any major surgeries and/or other hospitalizations and the dates they occurred:

Family History/ Please circle or fill in the blank:

Father: ALIVE DECEASED Age: _____

List any medical problems: _____

Mother: ALIVE DECEASED Age: _____

List any medical problems: _____

List any significant medical problems with other blood related family members such as uncles/aunts/brothers/sisters:

Social History/ Please check a single answer for each category or fill in the blank:

Recent travel? YES NO Where: _____

Smoking status: NEVER SMOKER FORMER SMOKER CURRENT EVERY DAY SMOKER
 CURRENT SOME DAY SMOKER UNKNOWN IF EVER SMOKED

Years of tobacco use: _____

Deaf or serious hearing difficulty: YES NO

Blind or serious difficulty seeing: YES NO

Difficulty concentrating, remembering or making decisions: YES NO

Difficulty walking or climbing stairs: YES NO

Difficulty dressing or bathing: YES NO

Difficulty doing errands alone: YES NO

Alcohol intake: NONE OCCASIONAL MODERATE HEAVY

Able to care for self: YES NO

Advance directive: YES NO

Alcohol years of use: _____

Animal exposure: YES NO

Are you currently employed: YES NO

Caffeine intake: NONE OCCASIONAL MODERATE HEAVY

Drugs abused: _____

FAMILY AND SOCIAL HISTORY - CONT.



Education: LESS THAN 8TH GRADE 8 9 10 11 12
 2 YEAR COLLEGE 4 YEAR COLLEGE POST GRADUATE

Employer: _____

Exercise level: NONE OCCASIONAL MODERATE HEAVY

Exposure to chemicals or toxins: YES NO

Exposure to heavy metals: YES NO

Family history of heart disease: YES NO

Hand dominance: LEFT RIGHT BILATERAL

Has smoked since age: _____

High blood pressure: YES NO

High Cholesterol: YES NO

HIV risk factors: YES NO

Illicit drugs: YES NO

If yes, please list the illicit drug used: _____

Marital status: UNKNOWN MARRIED SINGLE DIVORCED SEPARATED
 WIDOWED DOMESTIC PARTNER

Medical power of attorney: YES NO

If yes, list your MPOA: _____

Accident related injury: YES NO

Chewing tobacco: YES NO

Currently pregnant: YES NO

Diet: REGULAR VEGETARIAN VEGAN GLUTEN FREE SPECIFIC
 CARBOHYDRATE CARDIAC DIABETIC

General stress level: LOW MEDIUM HIGH

Illicit drugs years of use: _____

Live alone or with others: ALONE WITH OTHERS



REVIEW OF SYSTEMS

Please update on each visit.
Check all that apply.

Today's Date: _____ Name: _____

CONSTITUTIONAL

- fever
- night sweats
- weight gain
- weight loss
- exercise intolerance
- sedation
- lethargy

EYES

- dry eyes
- irritation
- vision change

ENMT

Ears:

- difficulty hearing
- ear pain

Nose:

- frequent nosebleeds
- nose problems
- sinus problems
- decreased or absent sense of smell

Mouth/Throat:

- bleeding gums
- dry mouth
- snoring
- oral abnormalities
- vocal tremor
- hoarseness
- weak voice
- choking
- sore throat
- mouth ulcer
- teeth abnormalities
- mouth breathing

CARDIOVASCULAR

- chest pain on exertion
- arm pain on exertion
- shortness of breath when walking

- shortness of breath when lying down
- palpitations
- known heart murmur
- lightheadedness

RESPIRATORY

- cough
- wheezing
- shortness of breath
- coughing up blood
- sleep apnea

GASTROINTESTINAL

- abdominal pain
- nausea
- vomiting
- constipation
- change in appetite
- black or tarry stools
- frequent diarrhea
- vomiting blood
- indigestion
- GERD

GENITOURINARY

- urinary loss of control
- difficulty urinating
- increased urinary frequency
- blood in urine
- incomplete emptying
- vaginal dryness
- unexplained vaginal bleeding
- erectile dysfunction (ED)
- lack of morning erections

MUSCULOSKELETAL

- muscle aches
- muscle weakness
- joint pain

- back pain
- swelling in the extremities
- neck pain

INTEGUMENTARY

- abnormal mole
- growth or ulcer
- jaundice
- rash
- laceration

NEUROLOGIC

- weakness or paralysis
- numbness or tingling
- seizures
- dizziness or spinning sensation
- frequent or severe headaches
- restless legs
- tremor
- bladder symptoms
- bowel symptoms
- confusion
- memory loss
- speech disorder
- blackouts
- muscle twitching
- cramps
- headaches
- vertigo
- dizziness
- tinnitus
- blurred vision
- visual loss
- double vision
- difficulty with gait or walking

PSYCHIATRIC

- depression
- sleep disturbances

- alcohol abuse
- anxiety
- hallucinations
- suicidal thoughts
- restless sleep
- feeling unsafe in a relationship

ENDOCRINE

- fatigue
- hair loss
- increased hair growth
- cold intolerance
- increased thirst
- decreased sexual interest (libido)

HEMATOLOGIC/LYMPHATIC

- swollen glands
- easy bruising
- excessive bleeding

ALLERGIC/IMMUNOLOGIC

- runny nose
- itching
- frequent sneezing
- asthma

BP: _____ / _____

HR: _____

Weight: _____

Temp.: _____

If you have no symptoms to report for today's visit please initial and date below:

NSC APPOINTMENT GUIDELINE



1. Please arrive 10-15 minutes before your appointment time. Patients that are more than 15 minutes late may need to reschedule their appointment. **Accidentally missed appointments will result in a charge of \$35 to your account if not excused by contacting the office at least 24 hours in advance.**
2. **Copays will be collected at the time of the appointment.**
3. Patient appointment time will be recorded when the provider enters the room.
4. A thorough neurological exam will be performed followed by a brief discussion.
5. Follow-ups may last from 25-40 minutes. Additional follow-ups will be offered until the diagnosis and management plan are fully understood.
6. Dictation and documentation may occur during the visit.
7. Patients may be video recorded to capture their neurological status as part of the visit. These recordings may be shown to other medical professionals for diagnostic or educational purposes.
8. In order to limit the risk of emergencies on the weekends, **please do not start any medication changes on Thursday, Friday, Saturday, or Sunday.**

I have read and agree to participate in the guidelines as described.

Patient Name (Print please): _____

Patient Signature: _____ Date: _____

CONSENT TO TREAT



I (or my legal guardian/parent) authorize Robert Izor, M.D., to provide medical care reasonable by today's standards.

Patient Name (Print please): _____

Date of Birth: _____

Signature of Patient/ Legal Guardian: _____ Date: _____

NOTIFICATION FOR HOSPITAL EMERGENCIES

I understand that Dr. Robert Izor has medical privileges at the North Austin Medical Center located at Mopac and Parmer Lane. For Neurological emergencies, I understand that I will need to go to this hospital if I would like to be under the care of Dr. Robert Izor.

Signature of Patient/ Legal Guardian: _____ Date: _____

ASSIGNMENT OF BENEFITS

Neurology Solutions Movement Disorders Center
12345 N. Lamar Blvd, Suite 260
Austin, Texas 78753
512-977-7000

Date:
Patient:
DOB:

I, _____, understand that services rendered to me by Neurology Solutions Movement Disorders Center are my financial responsibility and that the provider will bill my insurance company as a courtesy. I authorize my insurance company to pay my benefits directly to Neurology Solutions Movement Disorders Center and I understand that I will be fully responsible for any outstanding balance on my account. THIS IS A DIRECT ASSIGNMENT OF MY RIGHTS AND BENEFITS UNDER THIS POLICY. This payment will not exceed my indebtedness to the above-mentioned assignee and I have agreed to pay, in a current manner, any balance of said professional service charges over and above this insurance payment.

I have been given the opportunity to pay my estimated deductible and co-insurance at the time of service. I have chosen to assign the benefits, knowing that the claim must be paid within all state or federal prompt payment guidelines. I will provide all relevant and accurate information to facilitate the prompt payment of the claim by the insurance company.

I authorize the provider to release any information necessary to adjudicate the claim, and understand that there may be associated costs for providing information beyond what is necessary for the adjudication of a clean claim.



I also understand that should my insurance company send payment to me, I will forward the payment to Neurology Solutions Movement Disorders Center within 48 hours. I agree that if I fail to send the payment to the Provider and they are forced to proceed with the collections process; I will be responsible for any cost incurred by the office to retrieve their monies. In the event that I receive any check, draft or other payment subject to this agreement, I will immediately deliver said check, draft or payment to provider. Any violations of this agreement will, at provider's election, terminate patient charge privileges with provider and bring any balance owed by patient to Neurology Solutions Movement Disorders Center immediately due and payable.

To avoid this additional cost and inconvenience, should the insurance company forward payment to me, I authorize Neurology Solutions Movement Disorders Center to facilitate payment utilizing the credit card number on file to resolve the balance. A photocopy of this Assignment shall be considered as effective and valid as the original.

I authorize the provider to initiate a complaint or file appeal to the insurance commissioner or any payer authority for any reason on my behalf and I personally will be active in the resolution of claims delay or unjustified reductions or denials.

Dated: _____

Witness: _____

Patient/ Legal Guardian: _____

Signature of Policyholder: _____



Dear Patient:

Due to policy provisions in your contract with your insurance carrier we are obligated to collect all patient responsibility balances.

If your insurance policy has provisions such as deductibles, co-insurances, or co-payments please note that these are provisions that have been agreed to between you and your carrier. We cannot legally discount fees after their submission on your behalf to your carrier.

If we are networked with your carrier, we have an additional contractual obligation to collect the balances as outlined by your carrier. Writing off patient responsibility balances could jeopardize our contract with your carrier. If a portion of your fees are applied to an annual out of pocket maximum, and we do not collect that fee, your out of pocket maximum has not been correctly calculated.

Additionally, for those Medicare patients that may have any medical services that are eligible under Medicare, we are legally obligated to collect the patient responsibility co-insurance, co-payment or deductible under the terms of the anti-kickback laws.

We sincerely regret if any of these regulatory provisions cause you any inconvenience, but we must be bound by all provisions of insurance policy and federal law. If you have any issues or concerns with your insurance we will be more than happy to assist in the resolution of those issues or concerns. Please feel free to contact us with any questions you may have or any assistance you may require to fully understand these provisions.

Sincerely,

Robert M. Izor, M.D.
Medical Director

ADVANCE PRACTICE NURSE / PHYSICIANS ASSISTANT CONSENT FOR TREATMENT



This office has on staff an advance practice nurse & physician's assistant to assist in the delivery of medical care.

An advance practice nurse & physician's assistant is not a doctor. An advance practice nurse is a registered nurse who has received advanced education and training in the provision of health care. A physician's assistant is someone who has received advanced education and training in the provision of health care. An advance practice nurse can diagnose, treat, and monitor common acute and chronic diseases as well as provide health maintenance care. Our Advance Practice Nurses have trained with Dr. Izor to help him treat our patients.

I have read the above, and hereby consent to the services of an advance practice nurse or physician's assistant for my health care needs.

I understand that at any time I can refuse to see the advance practice nurse or physician's assistant and request to see a physician.

Patient Name (Print please): _____

Signature of Patient/ Legal Guardian: _____ Date: _____

AUTHORIZATION TO RELEASE MEDICAL INFORMATION



I authorize the named health care provider to release the information or records specified to Neurology Solutions Consultants upon request in person or by mail to the address specified at the time of the request.

Provider: (Name and Address)

Patient:
SS#
DOB:

RECORDS AUTHORIZED TO BE RELEASED (Please check records to be released.)

- Admission history and physical
 - Discharge summary
 - Complete hospital chart
 - Office notes
 - Outpatient records
 - Psychiatric and other mental health records
 - Records relating to drug or alcohol abuse (must specify the extent or nature of the records to be released)
 - Medication administration logs, dietary logs, staff contact or service logs, and other records that may not be part of my individual medical record, but which contain information relating to me (These records should be redacted to protect information pertaining to other patients.)
 - Other (specify):
- Lab reports
 - Radiological images
 - Consultation notes or reports
 - Complaints or grievances filed, with responses or dispositions

Extent or nature of records to be released:

This information will be used for the purpose of:

- Providing advocacy service
- Verifying my eligibility for services
- Other activities at the request of the individual
- Continuing Care

I ALSO UNDERSTAND THAT:

- I am not required to sign this authorization and that my health care or payment for care will not be affected by my refusal.
- Federal privacy regulations will no longer apply to the information disclosed, and that Neurology Solutions Consultants, P.A. may redisclose the information.
- I am entitled to receive a copy of this authorization.
- A copy of this authorization may be utilized with the same effectiveness as an original.

Patient or Representative Signature Date

Name of Representative

Relationship to Patient

This authorization will expire one year from the date of the signature above. I understand that I can revoke this authorization at any time by writing to the health care provider, but that revoking this authorization will not affect disclosures made or actions taken before the revocation is received.

HIPAA POLICY



THIS NOTICE DESCRIBES HOW HEALTHCARE INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Our commitment here at Neurology Solutions Movement Disorders Center is to serve our customers with professionalism and care, being sure at all times to protect the privacy and security of all Protected Health Information.

During the course of serving your interests, it may be necessary to share information with other healthcare providers or business associates. The following are examples of instances where information may be shared:

- Basis for planning care and treatment
- Source of information for applying a diagnosis and surgical information to a bill
- Means of communication among the many health professionals who contribute to care and treatment
- Means by which a third party payer can verify that services billed were actually provided.
- Tool for routine healthcare operations such as assessing quality and reviewing the competence of healthcare professionals.

We here at Neurology Solutions Movement Disorders Center are committed to obeying all federal, state and local laws and regulations regarding privacy practices. If any other uses or disclosures than the ones listed above are needed, information will only be released with the written authorization of the individual in question. The individual, as provided for by law, may revoke this written authorization at any time.

List of person(s) with whom NSC may share medical information:

If you have any questions or comments regarding your Protected Health Information, feel free to contact our Compliance Officer at 512-977-7000, x109.

I have read and understand the above Notice of Privacy Practices.

Signature of Patient/ Legal Guardian: _____ Date: _____

E-PRESCRIBE CONSENT FORM



E-Prescribing is defined as a physician's ability to electronically send an accurate, error free, and understandable prescription directly to a pharmacy from the point of care. It has been determined that the ability to electronically send prescriptions is an important element in improving the quality of patient care. E-Prescribing greatly reduces medication errors and enhances patient safety. The Medicare Modernization Act (MMA) of 2003 listed standards that have to be included in an e-Prescribe program. These include:

- Formulary and benefit transactions – gives the prescriber information about which drugs are covered by the drug benefit plan.
- Medication history transactions – provides the physician with information about medications the patient is already taking to minimize the number of adverse drug events.
- Fill status notification – allows the prescriber to receive an electronic notice from the pharmacy telling them if the patient's prescription has been picked up, not picked up, or partially filled.

By signing this consent form you are agreeing that Neurology Solutions Consultants can request and use your prescription medication history from other healthcare providers and/or third party pharmacy benefit payors for treatment purposes.

Print Patient Name: _____ Date of Birth: _____

Signature of Patient/ Legal Guardian: _____ Date: _____

Relationship to Patient: _____



Patient Name: _____ Date: _____

Please complete the following & please check one for each question

Due to having Parkinson’s disease, how often during the last month have you:

Never (N) Occasionally (Oc) Sometimes (S) Often (Of) Always (A)

- 1. Had difficulty doing the leisure activities which you like to do? N Oc S Of A
- 2. Had difficulty looking after your home (DIY, housework, cooking)? N Oc S Of A
- 3. Had difficulty carrying shopping bags? N Oc S Of A
- 4. Had problems walking half a mile? N Oc S Of A
- 5. Had problems walking 100 yards? N Oc S Of A
- 6. Had problems getting around the house as easily as you would like? N Oc S Of A
- 7. Had difficulty getting around in public? N Oc S Of A
- 8. Needed someone else to accompany you when you went out? N Oc S Of A
- 9. Felt frightened or worried about falling over in public? N Oc S Of A
- 10. Been confined to the house more than you would like? N Oc S Of A
- 11. Had difficulty washing yourself? N Oc S Of A
- 12. Had difficulty dressing yourself? N Oc S Of A
- 13. Had problems doing up your shoe laces? N Oc S Of A
- 14. Had problems writing clearly? N Oc S Of A
- 15. Had difficulty cutting up your food? N Oc S Of A
- 16. Had difficulty holding a drink without spilling it? N Oc S Of A
- 17. Felt depressed? N Oc S Of A
- 18. Felt isolated and lonely? N Oc S Of A
- 19. Felt weepy or tearful? N Oc S Of A
- 20. Felt angry or bitter? N Oc S Of A
- 21. Felt anxious? N Oc S Of A
- 22. Felt worried about your future? N Oc S Of A
- 23. Felt you had to conceal your Parkinson’s from people? N Oc S Of A
- 24. Avoided situations which involve eating or drinking in public? N Oc S Of A
- 25. Felt embarrassed in public due to having Parkinson’s disease? N Oc S Of A
- 26. Felt worried by other people’s reaction to you? N Oc S Of A
- 27. Had problems with your close personal relationships? N Oc S Of A
- 28. Lacked support in the ways you need from your spouse/ partner? N Oc S Of A
- 29. Lacked support in the ways you need from your family/ close friends? N Oc S Of A
- 30. Unexpectedly fallen asleep during the day? N Oc S Of A
- 31. Had problems with your concentration, e.g. when reading or watching TV? N Oc S Of A
- 32. Felt your memory was bad? N Oc S Of A
- 33. Had distressing dreams or hallucinations? N Oc S Of A
- 34. Had difficulty with your speech? N Oc S Of A
- 35. Felt unable to communicate with people properly? N Oc S Of A
- 36. Felt ignored by people? N Oc S Of A
- 37. Had painful muscle cramps or spasms? N Oc S Of A
- 38. Had aches and pains in your joints or body? N Oc S Of A
- 39. Felt unpleasantly hot or cold? N Oc S Of A

DIRECTIONS



SOUTH BOUND I-35

Exit PARMER LANE

Turn RIGHT onto PARMER

Get in immediate LEFT LANE, turn LEFT onto LAMAR BLVD.

Turn LEFT onto INDIAN MOUND

Turn RIGHT into PARK CENTRAL parking lot

Arrive at 12345 NORTH LAMAR BLVD., SUITE 260, AUSTIN, TX 78753

NORTH BOUND I-35

Exit YEAGER LANE

Turn LEFT onto YEAGER LANE

Turn RIGHT onto LAMAR

Turn RIGHT onto INDIAN MOUND

Turn RIGHT into PARK CENTRAL parking lot

Arrive at 12345 NORTH LAMAR BLVD., SUITE 260, AUSTIN, TX 78753